Join us for an exciting week of fun, safe, high-energy activity! Your child will learn age-appropriate skills and character developing lessons in our soccer or multi-sport camps.

**Basic Camp Information**

<table>
<thead>
<tr>
<th>Camp Type</th>
<th>Dates</th>
<th>Location</th>
<th>Days</th>
<th>Time</th>
<th>Ages</th>
<th>Cost</th>
<th>Half-Day Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SOCCER CAMP</strong></td>
<td>June 25-29</td>
<td>Muhlenberg College</td>
<td>MON – FRI</td>
<td>9am – 3pm</td>
<td>5 – 14 years</td>
<td>$190.00</td>
<td>$110.00 (5-7)</td>
</tr>
<tr>
<td></td>
<td>July 2-6</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>July 9-13</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>MULTISPORT CAMP</strong></td>
<td>June 25-29</td>
<td>Muhlenberg College</td>
<td>MON – FRI</td>
<td>9am – 3pm</td>
<td>5 – 14 years</td>
<td>$190.00</td>
<td>$110.00 (5-7)</td>
</tr>
<tr>
<td></td>
<td>July 2-6</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>July 9-13</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>FAST FEET CAMP</strong></td>
<td>June 6, 13, 20, 27</td>
<td>Lehigh County Fields</td>
<td>WEDNESDAYS</td>
<td>6:30pm – 7:30pm</td>
<td>5 – 12 years</td>
<td>$10.00</td>
<td></td>
</tr>
<tr>
<td></td>
<td>July 5, 11, 18, 25</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>August 1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**ALL-AMERICAN SPORTS CAMPS**

3953 Larkspur Dr.
Allentown, PA 18103

Contact: Leslie Benintend
610-442-0588
beninten@muhlenberg.edu
ALL-AMERICAN

SOCCER AND MULTISPORTS CAMPS

Select either our soccer OR multisport camps for the any of the dates listed below to gain exciting and valuable youth sports experiences.

SOCCER CAMP INFO:
This camp is designed to provide the camper with soccer training including age-appropriate technical and tactical skills. Camp includes: Videos, Insurance, Indoor Tournament, Camp Ball, T-Shirt, Swimming (OPTIONAL)

MULTISPORT CAMP INFO:
This camp is designed to expose the camper to a wide variety of team sports and recreational activities. All campers will have an opportunity to participate in the following: Team Sports such as basketball, floor hockey, soccer, swimming, flag football, micro-lacrosse, kick ball and wiffle-ball and recreational activities such as mat ball, dodge ball, wall ball and king pin.

Schedule/Cost Information for both Soccer and Multisport camps:
Dates: June 25-29, July 2-6, and July 9-13
(Camp will be held the 4th of July)

Held at: Muhlenberg College

Cost: $110.00  5-7 year old BOYS & GIRLS – Half Day (9am – 12)
$190.00  5-7 year old BOYS & GIRLS – Full Day (9am – 3pm)
$110.00  8 & 9 year old BOYS & GIRLS
$10 & 11 year old BOYS & GIRLS
$120.00  12-14 year old BOYS & GIRLS

FAST FEET CAMP INFO:
This camp is designed for your child to work on his or her soccer foot work. “Fast Feet” is a one-hour, weekly camp that utilizes coerver training to improve individual skill.

Dates: June 6, 13, 20, 27, July 5, 11, 18, 25, and August 1
Time: Wednesdays, 6:30pm – 7:30pm

Held at: Lehigh County Fields

Cost: $100  5-12 year old BOYS & GIRLS

CAMP DIRECTOR: LESLIE BENINTEND
Leslie Benintend is the winningest coach in the history of Muhlenberg College women’s soccer with an outstanding record of 173-93-22 in her fourteen seasons. She has led the Mules to five straight postseason appearances, three NCAA Tournament berths, three Centennial Conference championships, two ECAC championships and numerous regional and national rankings. In addition, Coach Benintend has coached two All-Americans in the Muhlenberg program.

Coach Benintend is a three-time All-American at her alma mater, Cortland State, and also a high school All-American. She holds an NSCAA Premier Diploma and is also an Associate Staff Coach. Coach Benintend currently teaches fitness and wellness course at Muhlenberg College in addition to her coaching responsibilities.

Registration Form

Name:_________________________ Age:_________ Cell Phone:_________________________
Address:_______________________ City:_______ State:_______ ZIP:_________________________
Email:_________________________ Male/Female:_________ Preferred Teammate:_______________
Health Insurance Co:____________ Group/Policy No:_________________________ Emergency Contact Number:______________

Make Checks Payable to: Leslie Benintend / Send to: Leslie Benintend, 3953 Larkspur Dr, Allentown PA 18103

Please check desired camp site and date as well as age of your child:

MULTI SPORT CAMP
- Muhlenberg College/June 25-29
- Muhlenberg College/July 2-6
- Muhlenberg College/July 9-13
- 5-7 year old half day: $110
- 5-7 year old full day: $190
- 8-9 year old full day: $190
- 10-11 year old full day: $190
- 12-13 year old full day: $190

SOCCER CAMP
- Muhlenberg College/June 25-29
- Muhlenberg College/July 2-6
- Muhlenberg College/July 9-13
- 5-7 year old half day: $110
- 5-7 year old full day: $190
- 8-9 year old full day: $190
- 10-12 year old full day: $190
- 13-14 year old full day: $190

FAST FEET CAMP (same child) for $350.

We do not Pro-Rate. Please send a $75 deposit with application. Sign up for any 2 camps (same child) for $350.